

AA&Associates of Kentucky

AA & Associates of KY is certified under Kentucky Regulations to provide services related to

Outpatient treatment of Alcohol and Drug Abuse, including DUI charges.

Our mission is to reduce the likelihood of an individual repeating an Alcohol or Drug related offense, including multiple Driving under the Influence (DUI) charges.

Our Programs Include:

- DUI/DWI Classes
- Prime for Life (20 hour Education)
- Marijuana (4 hour) Class
- Probation/Parole Program
- Criminal Thinking Errors
- IOP-Intensive Outpatient Program
- Anger Management
- Prescription Drug Addiction
- EAP-Employee Assistance Program

Classes are offered in
Louisville & Carrollton.

**When there's life
There's HOPE**

Cicero

AA&Associates of Kentucky

MISSION

The Mission of A A & Associates is to provide the highest quality of service to every client and to effectively monitor the client treatment plan, goals, and aftercare program to reduce the client likelihood of future DUI or other alcohol or drug related offenses.



Recovery Is Possible !

402 Main Street
Carrollton, KY 41008
(502) 732-4070

Fax (502) 896-8607

www.AAandAssociatesKy.com



**CHECK OUT OUR
WEB SITE**

www.AAandAssociatesKy.com

**FOR THE LATEST
INFORMATION &
CLASS DATES & TIMES**

AA & Associates of KY
Louisville - Carrollton
(502) 896-6900 or (502) 732-4070

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to provide the highest quality of service to every client and to effectively monitor client treatment plans, goals, and after-care programs to reduce the client's likelihood of future DUI's or other alcohol/drug related offenses.

20 Hour EDUCATION COURSE

Day	Date	Time
Monday	6/10/19	6:00-9:00
Friday	6/14/19	6:00-9:00
Saturday	6/15/19	1:00-4:00
Monday	6/17/19	6:00-9:00
Friday	6/21/19	6:00-9:00
Saturday	6/22/19	1:00-4:00
Monday	6/24/19	6:00-9:00

Next PRI Begins July 8

NEXT 4 Hour Marijuana Class

Location	Date	Time
Louisville, KY	Sunday July 14	12:00 to 4pm
Carrollton, KY	Saturday TBA	Call for Date

Batterer's Intervention Program

Day	Time
Wed	8:00pm

LOUISVILLE GROUP TIMES

Day	Time
Mon	none
Tue	none
Wed	6:00pm
Thur	1:00pm & 6:00pm
Saturday	11:00am
Sunday	10:00am

Expanded Martes 7:00 PM

CARROLLTON GROUP TIMES

Day	Time
Mon	6:00pm
Thurs	6:00pm
Sat	11:00am

Se habla Español!
DUI Grupo - Louisville
Martes 7:00 PM

New Client Paperwork
PDF
Click to Download

**3038 Breckenridge Lane Suite 204
Louisville, KY 40220
(502) 896-6900
Fax (502) 896-8607
www.AAandAssociatesKy.com**



Information and Available Services



DUI/DWI Prevention Classes

This program is designed to help offenders increase their knowledge about alcohol and drugs as these substances relate to driving skills, to identify their own individual drinking / drug use and driving patterns, and to assist them in developing plans which will reduce the probability of future DUI/DWI behavior. Specific course topics include alcohol / drug use, Kentucky laws relating to DUI, effects of alcohol/ drugs affect on a person, chemical dependency, symptoms of dependency and decision making. Group sessions, Individual counseling, PRI, Relapse Prevention are all used in this class.

Prime for Life

Prime For Life is designed to gently but powerfully challenge common beliefs and attitudes that directly contribute to high-risk alcohol and drug use. A primary goal of Prime For Life is prevention of any type of alcohol or drug problem. Prime For Life's intervention component focuses on self-assessment to help people understand and accept the need for change. Intensive prevention services, group counseling or treatment may be necessary to support these changes.

Marijuana Prevention Classes

The design of this program "Just Marijuana" is to provide accurate information about marijuana to the group participants and to provide them an opportunity to evaluate their relationship to marijuana. Marijuana is viewed as the number one illegal drug in the nation. The psychoactive ingredient in marijuana is Delta-9-Tetrahydrocannabinol or THC. This course discusses amotivational syndrome and impairments in both short and long term memory caused by the use of marijuana. Such serious impairments can contribute to vehicle accidents and conflicts with the law authorities. Participants will be confronted with their methods of choice making and decision techniques in such major life decisions as psychoactive chemical use.

Probation/Parole Program

A A & Associates Probation and Parole program is available for any individual who finds themselves on the wrong side of the law as a result of probation and parole violations due to alcohol /drug involvement. Our intense program addresses ingrained patterns of maladaptive coping skills, criminal values, and beliefs along with their prolonged history of substance abuse and crime. For individuals whose struggle with substance abuse brings them into contact with the legal system, the personal losses can be enormous. Loss of family, job, housing, etc. A A & Associates works with a person in all areas of their life. Strong empirical evidence over the past few decades consistently has shown that substance abuse treatment reduces crime. (also Criminal Thinking Errors)

Intensive Outpatient Program (IOP)

Intensive Outpatient substance abuse treatment is for people who cannot take advantage of an inpatient treatment program. Intensive Outpatient programs require patients to participate in programs that last for several hours a day. The members of the outpatient groups receive one-on-one counseling, group therapy and educational activities that include films, reading, speakers, and homework assignments. Many court-ordered substance abusers must attend these intensive programs as part of their sentence which can last from eight weeks to six months. IOP includes screening to discover the extent of the addiction and, if other mental health problems exist, regular evaluations of the patient's progress by trained substance abuse counselors, and orientation to community services.

Anger Management

A A & Associates offers an intensive 8 hour program to help the person gain knowledge about themselves and how anger can cause problems in their life. The program covers the main areas where anger can create problems. These are legal, addiction, financial, relationships, employment, health and emotional maturity. Participants work within a group setting as peers in the group are a valuable tool utilized in this course.

The client is required to complete self work or Home Work in this course. The intensity of the group is created by the participant "getting real" with themselves. This course supports change through self-examination, self accountability

Prescription Drug Addiction

Prescription drugs are the second most commonly abused category of drugs, behind marijuana and ahead of cocaine, heroin, methamphetamine and other drugs. The National Institutes of Health estimates that nearly 20 percent of people in the United States have used prescription drugs for non-medical reasons.

Kentucky has been called "Ground Zero" for prescription drug addiction. Years of research have shown us that addiction to any drug (illicit or prescribed) is a brain disease that, like other chronic diseases, can be treated effectively. A A & Associates offers in Intensive 8 hour course on Prescription Drug abuse and addiction. This course goes into What is Drug Addiction, How addiction affects the brain, Common symptoms of addiction and How to overcome the disease of addiction.

Employee Assistance Program (EAP)

Employee Assistance Programs are employee benefit programs offered by many employers. Employee Assistance Programs are intended to help employees deal with personal problems that might adversely impact their work performance, health and well being. Employee Assistance Programs generally include an assessment, short-term counseling and referral services for employees and their household members. Examples of issues for which EAP's provide support include: Substance Abuse, Financial or Legal concerns, Family or personal relationship issues, Work related issues, Emotional distress, Stress Employer Studies indicate that EAP's may result in reduced turnover, reduced absenteeism and higher employee productivity and morale.

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