



MISSION

AA & Associates, Inc. is certified under Kentucky Regulations to provide services related to

Outpatient treatment of Alcohol and Drug Abuse, including DUI charges.

Our mission is to reduce the likelihood of an individual repeating an Alcohol or Drug related offense, including multiple Driving under the Influence (DUI) charges.

The Mission of A A & Associates is to provide the highest quality of service to every client and to effectively monitor the client treatment plan, goals, and aftercare program to reduce the client likelihood of future DUI or other alcohol or drug related offenses.

Our Programs Include:

- DUI/DWI Classes
- Prime for Life (20 hour Education)
- Marijuana (4 hour) Class
- Probation/Parole Program
- Criminal Thinking Errors
- IOP-Intensive Outpatient Program
- Anger Management
- Prescription Drug Addiction
- EAP-Employee Assistance Program

Classes are offered in Louisville, Carrollton and Lagrange.



Recovery Is Possible.

**CHECK OUT OUR
WEB SITE
WWW.AAANDASSOCIATESKY.COM
FOR THE LATEST
INFORMATION &
CLASS DATES & TIMES**

A A & Associates
KY Approved Alcohol/Drug Program
(502) 896-6900 or (800) 357-0767

Home About Us Programs Office Locations Group Times Contact Us

Notice board

In Observance of Thanksgiving
This office will be Closed
Thursday & Friday
November 27th & 28th

In Observance of The Holidays
This office will be Closed
Wed-Thurs-Friday
December 24th, 25th & 26th
Closed
Wed-Thurs-Friday
December 31st & January 1st & 2nd
Have Safe & Sober Holidays!

ANGER is only one letter short of DANGER
buzzed driving is drunk driving designate a sober driver

Employee Assistance Program
Drug-Free Facility

Upcoming Class Schedule

PRI CLASS
(20 hour Education)
Starts
Thursday December 4th

Thursday	Dec 4	5-8 pm
Friday	Dec 5	5-8 pm
Saturday	Dec 6	12-3 pm
Sunday	Dec 7	12-3 pm
Friday	Dec 12	5-8 pm
Saturday	Dec 13	12-3 pm
Sunday	Dec 14	12-2 pm

NEXT 4 Hour Marijuana Class
Saturday
November 22
12:00 - 4:00 pm

4006 Dutchmans Lane Louisville, KY 40207 Call Us: (502) 896-6900 422 Main Street Carrollton, KY 41008 8000 New Meedy Lane Lagrange, KY 40031 Call Us: (800) 357-0767

**When there's life
There's HOPE**

Cicero

422 Main Street
Carrollton, KY 41008
(502) 732-4070 or (800)-357-0767
Fax (502) 896-8607
www.AAandAssociatesKy.com

4006 Dutchmans Lane Suite 200
Louisville, KY 40207
(502) 896-6900 or (800)-357-0767
Fax (502) 896-8607
www.AAandAssociatesKy.com



Information and Available Services



DUI/DWI Prevention Classes

This program is designed to help offenders increase their knowledge about alcohol and drugs as these substances relate to driving skills, to identify their own individual drinking / drug use and driving patterns, and to assist them in developing plans which will reduce the probability of future DUI/DWI behavior. Specific course topics include alcohol / drug use, Kentucky laws relating to DUI, effects of alcohol/drugs affect on a person, chemical dependency, symptoms of dependency and decision making. Group sessions, Individual counseling, PRI, Relapse Prevention are all used in this class.

Prime for Life

Prime For Life is designed to gently but powerfully challenge common beliefs and attitudes that directly contribute to high-risk alcohol and drug use. A primary goal of Prime For Life is prevention of any type of alcohol or drug problem. Prime For Life's intervention component focuses on self-assessment to help people understand and accept the need for change. Intensive prevention services, group counseling or treatment may be necessary to support these changes.

Marijuana Prevention Classes

The design of this program "Just Marijuana" is to provide accurate information about marijuana to the group participants and to provide them an opportunity to evaluate their relationship to marijuana. Marijuana is viewed as the number one illegal drug in the nation. The psychoactive ingredient in marijuana is Delta-9-Tetrahydrocannabinol or THC. This course discusses amotivational syndrome and impairments in both short and long term memory caused by the use of marijuana. Such serious impairments can contribute to vehicle accidents and conflicts with the law authorities. Participants will be confronted with their methods of choice making and decision techniques in such major life decisions as psychoactive chemical use.

Probation/Parole Program

A A & Associates Probation and Parole program is available for any individual who finds themselves on the wrong side of the law as a result of probation and parole violations due to alcohol /drug involvement. Our intense program addresses ingrained patterns of maladaptive coping skills, criminal values, and beliefs along with their prolonged history of substance abuse and crime. For individuals whose struggle with substance abuse brings them into contact with the legal system, the personal losses can be enormous. Loss of family, job, housing, etc. A A & Associates works with a person in all areas of their life. Strong empirical evidence over the past few decades consistently has shown that substance abuse treatment reduces crime. (also Criminal Thinking Errors)

Intensive Outpatient Program (IOP)

Intensive Outpatient substance abuse treatment is for people who cannot take advantage of an inpatient treatment program. Intensive Outpatient programs require patients to participate in programs that last for several hours a day. The members of the outpatient groups receive one-on-one counseling, group therapy and educational activities that include films, reading, speakers, and homework assignments. Many court-ordered substance abusers must attend these intensive programs as part of their sentence which can last from eight weeks to six months. IOP includes screening to discover the extent of the addiction and, if other mental health problems exist, regular evaluations of the patient's progress by trained substance abuse counselors, and orientation to community services.

Anger Management

A A & Associates offers an intensive 8 hour program to help the person gain knowledge about themselves and how anger can cause problems in their life. The program covers the main areas where anger can create problems. These are legal, addiction, financial, relationships, employment, health and emotional maturity. Participants work within a group setting as peers in the group are a valuable tool utilized in this course.

The client is required to complete self work or Home Work in this course. The intensity of the group is created by the participant "getting real" with themselves. This course supports change through self-examination, self accountability

Prescription Drug Addiction

Prescription drugs are the second most commonly abused category of drugs, behind marijuana and ahead of cocaine, heroin, methamphetamine and other drugs. The National Institutes of Health estimates that nearly 20 percent of people in the United States have used prescription drugs for non-medical reasons.

Kentucky has been called "Ground Zero" for prescription drug addiction. Years of research have shown us that addiction to any drug (illicit or prescribed) is a brain disease that, like other chronic diseases, can be treated effectively. A A & Associates offers in Intensive 8 hour course on Prescription Drug abuse and addiction. This course goes into What is Drug Addiction, How addiction affects the brain, Common symptoms of addiction and How to overcome the disease of addiction.

Employee Assistance Program (EAP)

Employee Assistance Programs are employee benefit programs offered by many employers. Employee Assistance Programs are intended to help employees deal with personal problems that might adversely impact their work performance, health and well being. Employee Assistance Programs generally include an assessment, short-term counseling and referral services for employees and their household members. Examples of issues for which EAP's provide support include: Substance Abuse, Financial or Legal concerns, Family or personal relationship issues, Work related issues, Emotional distress, Stress Employer Studies indicate that EAP's may result in reduced turnover, reduced absenteeism and higher employee productivity and morale.

